

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

April 2016

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Week 3 Monday 3/28	Tuesday 3/29	Wednesday 3/30	Thursday 3/31	Friday 4/01 MOW ONLY	Saturday 4/02 MOW ONLY
Sweet & Sour Chicken Steamed White Rice Season Mixed Vegetables Diced Pears W.W. Bread w/ Marg. Juice/Milk	Navy Bean Soup Turkey & Cheese on Mini Sub Roll Country Kale Pineapple Tidbits Juice/Milk	Meatloaf & Gravy Mashed Potatoes Glazed Carrots Peach Crisp W.W. Bread w/ Marg. Juice/Milk	Chicken & Broccoli Casserole Rice Pilaf Fruit Jello W.W. Roll w/ Marg. Juice/Milk	Beef Stew w/ Potato & Veggies Mixed Greens Prunes Buttermilk Biscuit w/ Marg. Juice/Milk	BBQ Turkey Burger on Bun Potato Wedges Spinach Fresh Banana Juice/Milk
Week 1 Monday 4/04	Tuesday 4/05	Wednesday 4/06	Thursday 4/07	Friday 4/08 MOW ONLY	Saturday 4/09 MOW ONLY
Lunch/ DJ Chuckie Baked Pork Chops Pinto Beans Honey Glazed Carrots Applesauce W.W. Bread w/ Marg. Juice/Milk	Chef Salad, Turkey, Lettuce Cheese, Egg & Dressing Tomato Wedges (3) Macaroni Salad Madarin Oranges W.W. Crackers (6) Juice/Milk	Salisbury Steak Buttered Egg Noodles Mixed Vegetables Peaches W.W. Roll w/ Marg. Juice/Milk	Grilled Chicken on Bun Sweet Potato Fries Steamed Broccoli Melon Cup Juice/Milk	Beef Liver & Onions Mashed Potatoes w/ Gravy Green Beans Diced Pineapple W.W. Bread w/ Marg. Juice/Milk	Homemade Chicken Noodle Soup (8 oz) Side Mixed Green Salad w/ Carrots, Tomatoes, & Dressing Fresh Orange W.W. Crackers (6) Juice/Milk
Week 2 Monday 4/11	Tuesday 4/12	Wednesday 4/13	Thursday 4/14	Friday 4/15 MOW ONLY	Saturday 4/16 MOW ONLY
Cheeseburger on Bun Oven Baked Potatoes Zucchini & Tomato Blend Pears Juice/Milk	Lunch w/ Laurie Toms & Co. Oven Fried Chicken Red Beans & Rice Brussels Sprout Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Baked Ham w/ Pineapple Sauce Sweet Potatoes Collard Greens Tropical Fruit Cup W.W. Roll w/ Marg. Juice/Milk	Lunch w/ Chuck Fisher Roast Turkey w/ Gravy Mashed Potatoes Peas Fruit Jello W.W. Bread w/ Marg. Juice/Milk	Chilli w/ Beans Steamed White Rice Vegetable Blend Applesauce Bread Sticks Juice/Milk	Baked Flounder Oven Fried Potatoes Stewed Tomatoes Raisins Cornbread Juice/Milk
Week 3 Monday 4/18	Tuesday 4/19	Wednesday 4/20	Thursday 4/21	Friday 4/22 MOW ONLY	Saturday 4/23 MOW ONLY
Carpe Diem: Laura Baron Vegetable Bean Soup (8oz) Turkey & Swiss on Mini Sub Roll Mandarin Oranges Juice/Milk	Egg Salad & Lettuce on Croissant Spaghetti Salad w/ Veggies Pickled Beets Peaches Juice/Milk	Baked Chicken Breast w/ Gravy Mashed Potatoes Seasoned Peas Chilled Pineapple W.W. Bread w/ Marg. Juice/Milk	Tuna Salad Sandwich on W.W. Bread 3 Bean Salad Pasta Salad Fresh Banana Juice/Milk	Hot Roast Beef & Gravy Sandwich on W.W. Bread Kale Fresh Strawberries (1/2 c.) w/ Non-Dairy Topping Juice/Milk	BBQ Ribs on Bun Green Lima Beans Cauliflower Fruit Jello Juice/Milk

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 4 Monday 4/25	Tuesday 4/26	Wednesday 4/27	Thursday 4/28	Friday 4/29 MOW ONLY	Saturday 4/30 MOW ONLY
Turkey Vegetable Stew (8oz) Parsley Potatoes Mixed Greens Pears Buttermilk Biscuit w/ Marg. Juice/Milk	Shelley Abbott Chicken Alfredo Fettuccine Noodles Country Style Green Beans Diced Peaches Garlic Toast Juice/Milk	Pizza Burger w/ Low Fat Cheese on Bun Oven Potatoe Wedges Cole Slaw Fruit Salad Juice/Milk	Lemon Pepper Fish Steamed Cauliflower Baked Beans Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Meatballs w/ Brown Gravy Steamed Rice Brussels Sprouts Fresh Plum W.W. Roll w/ Marg. Juice/Milk	Chicken Cordon Bleu Mashed Potatoes Buttered Peas Fresh Grapes W.W. Roll w/ Marg. Juice/Milk

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